



CITY OF MALDEN

Health and Human Services/Board of Health

215 Pleasant St., 3rd Floor

Malden, Ma 02148

781-397-7000

Laura Vlasuk, Director

Malden Board of Health Meeting

Minutes

January 21, 2026

6:30pm

Rm 108, Malden City Hall

Board & Staff Present

Dr. Scune Carrington, Board Chair

Dr. Kumar Singh, M.D.

Mr. John Colangeli

Board Member

Laura Vlasuk, Director of Health and Human Services

Caroline Gwokyalaya, Clerk

Chuxiao Cai 40 Presley St Malden, MA

- I. Meeting called to order by Dr. Scune Carrington at 6:30 pm.
- II. Approval of Minutes of the November 19, 2025, meeting. Motion to approve minutes made by Mr. John Colangeli, seconded by Dr. Kumar Singh. Motion passes 3-0.
- I. Director's Report
 - Language Access Coordinator is working with Rosetta Languages to negotiate a new contract for the 2026 language line
 - Health and Human Services completed a State Required Region 3 Quarter 2 Drill
 - December 1st, Mystic Valley Elder Services transitioned from Grab-and-Go sites back to a welcoming sit-down congregational dining experience. From the very beginning, the goal of this program has been to create a space that encourages socialization, connection, and community among older adults. After all, food is more than nourishment—it's culture, tradition, and a powerful way to bring people together. 20 + more meals have been served each day!
 - The grand opening of Acadia Tufts Medical Behavioral Health Malden, located at 100 Hospital Road, is scheduled for February 2026.
 - First Baptist Church hosted a free gift-wrapping event at the Senior Center on December 17, 2025.

- Cultural Christmas hosted a Christmas Celebration on Sunday, December 21 at the Newcomer Welcoming Center, resulting in an abundant turnout.
- Christmas Day Dinner, provided by the Bread of Life, will be providing free meals with friends and neighbors on Thursday, December 25 from 12pm to 2pm, serving 150 Hot meals and 25 grab & go.
- There is 26 Barber Shops located in Malden of those 4 locations were visited by our Addiction Recovery Resource Specialist to provide NARCAN and addiction recovery material.
- Health and Human Services and the Red Cross hosted a Blood Drive on January 5 where 15 units of blood were collected, which will potentially save up to 42 lives
 - Additional blood drives have been scheduled for
 - Monday, April 13th 9 am - 2 pm
 - Monday, August 17th 9 am - 2 pm
- During routine compliance checks conducted on December 22, 2025, all Malden tobacco locations were inspected. The following locations were fined for selling to minors.
 - Jay's Wine and Spirits, 77 Commercial St.: sold Zyn Chill 6mg for \$8.00 to a minor resulting in a \$1000 violation.
 - Snap Mart, 245 Main St.: sold Zyn Chill 6mg for \$7.63 to a minor resulting in a \$1000 violation.
 - Supreme Food Mart, 1018 Eastern Ave.: sold Zyn Chill for 6mg for \$10.69 to a minor resulting in \$2000 violations. This is the location's second violation in a three-year period.
 - Speedway, 214 Broadway: sold Zyn Chill 6mg for \$6.50 to a minor resulting in a \$1000 violation.
 - Broadway Market, 481 Broadway: sold Zyn Chill 6mg 2 for \$12.00 to a minor resulting in a \$1000 violation
 - Sunnyhurst, 19 Lebanon St.: sold Zyn Chill 6mg for \$8.49 to a minor resulting in a \$1000 violation
 - Big Mike's, 180 Salem St. sold Zyn Chill 6mg to a minor 2 for \$19.10 resulting in a \$2000 violation – This location previously sold a flavored product to an adult buyer on 2/4/2025. \$2000 fine issued
 - M&M Liquors, 619 Broadway sold Zyn Chill 6mg for \$7.25 resulting in a \$2000 fine - This is the second violation in a three-year period. Last sale-to-a-minor 1/13/2025.
- Number of Active TB (Tuberculosis) cases in December: 9
 - (2 non-pulmonary/7 pulmonary)
 - Total number of Male: 5
 - Total number of Female: 4

- Ages 1-10 = 0
- Ages 11-20 = 0
- Ages 21-30 = 26 Male
- Ages 31-40 = (2) Female 32 and 40
- Ages 41-50 = 46 Female
- Ages 51-60 = 51 Male
- Ages 60+ = (1) Female 71, (3) Males 72, 73 and 77
- Travel information
 - Country of Birth
 - Vietnam = 2
 - Haiti = 4
 - El Salvador = 1
 - Morocco = 1
 - Ethiopia = 1
- 19 Food Establishment inspections
 - 17 Food Services Inspections
 - 2 Retail Food Inspections
- 71 Rental Units
 - 10 Complaints
- 2 individuals were transported to a rehabilitation center in December.
- Language access support was utilized 34 times including walk-ins and language lines
 - In-Person
 - Spanish 5
 - Chinese 1
 - Arabic 1
 - Phone Line
 - Mandarin 8
 - Portuguese 5
 - Spanish 3

- Haitian Creole • 1
- Cantonese • 2
- Vietnamese • 1
- French • 1
- Operator • 3

I. Discussion regarding the frequency of Board of Health meetings accorded

- a. Mr. John Colangeli motioned to move the Board of Health meetings to every other month with three exceptions
 - i. 3 members from the public request a meeting with a specific purpose in writing
 - ii. A member of the Board of Health requests a meeting
 - iii. The Director of Health and Human Services request a meeting

The meeting must be scheduled within 4 weeks. Dr. Kumar Singh, M.D. abstained, Dr. Scune Carrington voted no. Motion failed 1-1.
- a. Mr. John Colangeli motioned to table discussion until next month's meeting, Dr. Kumar Singh, M.D abstained, Dr. Scune Carrington seconded. Motion passed 2-0.
- b. Dr. Scune Carrington requested Director Vlasuk provide the Board with a list of 10 city/towns at the next meeting and a total of how many meetings occurred in 2025.

II. The date for next Meeting set for February 25, 2026, at 6:30 pm.

III. The Motion to adjourn is made at 7:19 pm by Mr. John Colangeli seconded by Dr. Kumar Singh. Motion passes 3-0.



Malden Community Blood Drive

*Kindly Sponsored by the
Malden Public Health Department*

Monday, January 5, 2026
9:00 a.m. to 2:00 p.m.

Malden Senior Center- Auditorium
7 Washington Street, Malden



Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: **Malden** to schedule an appointment.

Come to give Jan. 1-25 for chance to win trip for 2 to Super Bowl LX in Cali! rcblood.org/SuperBowl

Schedule your blood donation appointment today!

1-800-RED CROSS | RedCrossBlood.org | Download the Blood Donor App

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